Study Guide – Complementary and Alternative Medicine

**Vocabulary**

- Acupuncture
- Alternative medicine
- Ayurveda
- Biofeedback
- CAM
- Chiropractic therapy
- Complementary medicine
- Herbal medicine
- Homeopathy
- Integrative medicine
- Placebo effect
- Reiki

**Important Concepts**

From the video: "The Alternative Fix":
- How and why have hospitals changed their method of dealing with illnesses?
- What actions has Senator Tom Harkin taken to show his support of CAM? Do you think he has influenced the popular and scientific view of CAM?
- What kind of medicine do Maoris (like Papa Joe) practice?
- What problems can occur in the use of CAM?
- Why do some scientists criticize political support of research into alternative medicine?

Be able to list and describe the 5 categories of CAM and know examples of each.

What are key questions to ask when considering CAM (or any other medical treatment)?